

## SEPTEMBER 2018 - FEBRUARY 2019 CLAA POSTAL LEAGUE

The aim of the League is to encourage archers to shoot a World Archery/Portsmouth Indoor or Outdoor round at least once a month, and in doing so have fun with our shooting, measure progress and help foster some amicable inter-London club relationships.

As most people might be unsure as to what that is I will give you the basics:

- World Archery Indoor Distance 18m on a 4ocm target
- Portsmouth Indoor Distance 20 Yards on a 60cm target

The rules are fairly simple:

Nominate a shoot each month to be your league shoot. It can be any day of the month or as a club you could create a league night.

Score your arrows on a sheet provided by your club indicating indoor or outdoor shoot as well as your bow category.

Submit your scores to the CLAA record officer. It's that simple.

Each month your scores will be added to the leader board, then your 3 highest scores will be converted into a handicap. The person with the highest overall score in the end takes home the trophy/medal (women and men are separate).

SEPTEMBER 2018 - FEBRUARY 2019

SHOOT EITHER WA OR PORTSMOUTH OR BOTH

NOMINATE YOUR NIGHT

SUBMIT YOUR SCORES

MOST OF ALL HAVE FUN!

## **BOW CATEGORIES**

Recurve Freestyle Barebow Longbow Compound

(if unsure what you are then just ask)